



UK & IRELAND ASSOCIATION OF BURN CAMPS & CLUBS

OBJECTIVES AND STANDARDS FOR BURN CAMPS

Burn Camps and Clubs aim to provide activities designed to help children face the challenges they encounter following a burn injury in an atmosphere of fun, support and rehabilitation.

More specifically...

Objectives of Burn Camps

- Provide appropriately challenging physical activities geared to:
 - Allow children to extend themselves and experience success
 - Build confidence
 - Enhance self-esteem
 - Develop new skills
- Help children develop body competency (or feel good about their bodies when they may not be happy with how they look). This is based on evidence that physical accomplishment leads to higher levels of self-esteem and a better body image in young people with disfigurements.
- Provide day trips and activities such as swimming in the local area which allow children to face the public with the support of each other.
- Help children develop social skills through teamwork challenges and shared communal environments, which can then be transferred to other environments such as home and school.
- Facilitate children forming friendships which can be sustained outside the Camp experience.
- Encourage children to share their experiences of injury and rehabilitation through small group activities.
- Promote scar management and give all children support and encouragement with their treatment
- Assist children in developing effective coping strategies through informal and/or structured psycho-social programmes.
- Help children work on individual goals (whether they be medical, physical, functional or psychological) aided by specialist hospital staff.
- Enable children to benefit from positive role models and become positive role models themselves.
- Provide an environment which promotes caring for others.
- Involve having lots of fun!

Burn Camp Programmes also seek to:

- Appropriately train all staff and volunteers who participate.
- Encourage and support appropriate burn-injured adults to be Camp Leaders and positive role models for children.
- Provide appropriate training and support for suitable burn-injured young people to develop the skills to become Young Camp Leaders.
- Employ practices that ensure the health and safety of all participants.
- Identify risks and apply recommendations to minimise risk.
- Formally evaluate the work that they do.
- Maintain strong links with other hospital services including Parent Support Groups, as well as other Camps/Clubs, and national/international organisations addressing the rehabilitative needs of burn-injured children.
- Publicise the work of Burn Camps and raise the finances required through a range of fundraising events, contact with appropriate support agencies and other means.

UK&IABC Standards for Burn Camps and Clubs

- Burn Camps/Clubs will assist young burn survivors (up to the age of 18) and their families, towards the recovery from burn injury by supporting their physical, psychological and social needs.
- Each Camp/Club will deliver activities in line with the UK&IABC Objectives for Burn Camps.
- Each Camp/Club will have a written constitution that includes terms of reference, aims and objectives, committee membership and accounting procedures and accountability processes.
- Each Camp/Club will have an identified Director/Chairperson who will be the contact person, oversee the general running of the organisation and its activities, and ensure standards are maintained.
- Each Camp/Club will have a general working committee, responsible for organisation, fundraising, management of accounts etc. It is essential that this committee includes staff with professional healthcare expertise from the field of burns care.
- The leadership team for each Camp/Club event/activity will include health professionals trained in the field of burns. Appropriately qualified professionals will be selected as part of the leadership team in order to meet the needs of the particular young people participating in the event. This will include a range from the following: doctors, nurses, physiotherapists, occupational therapists, social workers, psychologists, play specialists, hospital teachers.
- Each Camp/Club will encourage and support appropriate burn-injured adults to be Camp Leaders and positive role models for children.
- Each Camp/Club will encourage and support leaders with other relevant skills to be included in Burn Camp/Club programmes e.g. fire service personnel, teachers, youth leaders.
- There will be a minimum staff: child ratio of 1:3 on Burn Camp events. On other outings or family events, this may be reduced to 1:4 ratio.
- All leaders will be police checked to level 3 enhanced disclosure before participating in Camp/Club activities. Each Camp/Club will ensure that disclosures are reviewed on a 3 yearly basis.
- All leaders involved in Burn Camp programmes, will be given basic training in skills necessary within their role in caring for young people with burn injuries.
- Each Camp/Club that has been established for a number of years will provide appropriate training and support for suitable burn-injured young people to develop the skills to become Young Camp Leaders.
- Each Camp/Club will have a strict drugs policy. Any leader appointed guardian of children at a Camp/Club event will refrain from the use of recreational drugs for the duration of the event.
- Leaders on duty at a Camp/Club event will refrain from the consumption of alcohol.
- Each Camp/Club will have a child protection policy in line with Trust, local and National frameworks.
- Each Camp/Club will develop a 'smoking policy', in consultation with the activity/centre venue.
- Each Camp/Club will employ practices that ensure the health and safety of all participants. This will include processes to identify risks and the application of recommendations to minimise risk.
- Any facilities and venues used for Camp/Club events, will fulfil all legal requirements in respect of safety, instructor qualifications and legal liability insurance.
- Each Camp/Club running activities for young people will carry full liability insurance. Minimum cover is 3rd party public liability. This may be provided either through the local NHS Trust, or through an independent broker.
- Each Camp/Club will be a non-profit making body. This may be :
 - A registered charity in its own right
 - Under the non-profit status of another organisation if that organisation controls the finances of the Camp/Club e.g. a hospital charities fund.
- Each Camp/Club holding charitable funds will ensure that its accounts fully comply with accounting regulations.
- Each Camp/Club will not deny participation of any young person in any activity through an inability to contribute to costs.
- Children can access Burn Camps in a range of ways (e.g. professional referral, self-referral). When children do not access a Camp via professional referral, each Camp/Club will have

mechanisms in place to ensure that appropriate information regarding such children's medical, emotional and behavioural needs will be gathered in advance of the event.

- Each Camp will have mechanisms in place for giving feedback to Burn Services/Burn Consultants regarding individual children's progress at Camp or specific problems identified, where requested or necessary.
- Each Camp/Club will formally evaluate their events to demonstrate the value and benefits to those young people participating. Ideally both qualitative and quantitative methodologies will be used.
- Each member organisation will submit an annual report to the Association with a summary of its activities over the past year and outline financial information, prior to the AGM.